



- 28 - 31 August 2023, Lisbon -

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General Information

European Universities Championships (EUC) are university sports competitions governed by the European University Sports Association (EUSA). In 2019 a total of 21 different sports were included in the Sports Programme of the Championships. Participants in these events are European university teams and individuals. The championships have been organised annually since 2001, and since 2012 they are organised on a biannual basis, with European Universities Games (EUG) normally being organised in even years as a multi-sport events, and the individual championships in odd years.





The first edition of EUC Rugby7s was held in 2007 in Grenoble (France) and the last in the year 2017 in Milan (Italy). In between, the organization of this championship went through: Rome, Italy (2008), Bristol, Great Britain (2009), Cordoba, Spain (2010), Lille, France (2011), Sofia, Bulgaria (2013) and Godollo, Hungary (2015). This will be the 9th edition of the competition. In 2018, the Rugby7s competition was integrated in the EUSA Games that took place in Coimbra (Portugal).



EUC Rugby7s 9th Edition

Numbers

133

Student-Athletes

7

Male Teams

28

Officials

11

Teams

4

Female Teams

30

Volunteers

25

Members of Organizing Committee



About EUSA

The European University Sports Association (EUSA) is an umbrella organization that comprises of National University Sports Associations (NUSA) from 47 European countries, providing sporting activities, educational events, and expertise in policy making and programming.

The organization is well known within the sector as a safe and strong voice for university sports in Europe, promoting fair play values, and supporting their membership by partnering with European Sports Federations and lobbying within the European Union, the Council of Europe and other institutions for funding to improve the provision of sport.

EUSA is a proud and active associated member of the International University Sports Federation (FISU), strategically cooperating also with other Continental University Sports Federations (CUSF), as well as key governing bodies and organizations active in the field of sport, education and youth.



EUROPEAN UNIVERSITY SPORTS ASSOCIATION



DEBRECEN-MISKOLC 2024
EUROPEAN UNIVERSITIES GAMES



EUSA Activities

Sports Events



European Universities Games

European Universities Games (EUG) is a multi-sport university sports competition governed by the European University Sports Association (EUSA). Participants in these events are European university teams and individuals. The Games are organized on a biannual basis, starting with 2012. The Games as such represent the largest European multisport student event and the next edition is the one in Debrecen-Miskolc in 2024.

EUSA Activities

Sports Events



European Universities Championships

European Universities Championships (EUC) are university sports competitions governed by the European University Sports Association (EUSA).

Participants in these events are European university teams and individuals. The championships have been organized annually since 2001, starting with two sports. EUSA sports program has continued to grow, and this year the championships are organized with 20 sports taking place across Europe.



EUSA Activities

Sports Events

SPORT		LOCATION	OFFICIAL DATES
<u>Football</u>		Tirana, Albania	June 25- July 2
<u>Tennis</u>		Granada, Spain	July 3-9
<u>Table Tennis</u>		Olomouc, Czech Republic	July 4-9
<u>Handball</u>		Podgorica, Montenegro	July 8-14
<u>Badminton</u>		Miskolc, Hungary	July 13-19
<u>Water Polo</u>		Miskolc, Hungary	July 13-19
<u>3x3 Basketball</u>		Debrecen, Hungary	July 15-19
<u>Volleyball</u>		Braga, Portugal	July 16-23
<u>Futsal</u>		Split, Croatia	July 18-26
<u>Combat Sports</u>	Judo Karate Kickboxing Taekwondo	Zagreb, Croatia	July 20-23
<u>Basketball</u>		Aveiro, Portugal	July 23-30
<u>Orienteering</u>		St.Gallen, Swizerland	August 24-27
<u>Rugby 7s</u>		Lisbon, Portugal	August 28-31
<u>Golf</u>		Ferrara, Italy	September 6-9
<u>Rowing</u>		Bydgoszcz, Poland	September 7-10
<u>Beach Sports</u>	Beach Handball Beach Volleyball	Malaga, Spain	September 20-23 September 19-24
<u>Winter Sports</u>	Alpine Skiing Snowboarding	Val di Zoldo, Italy	December 18-21



TIRANA 2023
EUROPEAN UNIVERSITIES
FOOTBALL CHAMPIONSHIP
EUSA



GRANADA 2023
EUROPEAN UNIVERSITIES
TENNIS CHAMPIONSHIP
EUSA



BRAGA 2023
EUROPEAN UNIVERSITIES
VOLLEYBALL CHAMPIONSHIP
EUSA



DEBRECEN 2023
European Universities
3x3 Basketball Championship
EUSA



FERRARA 2023
EUROPEAN UNIVERSITIES
GOLF CHAMPIONSHIP
EUSA



EUROPEAN UNIVERSITIES CHAMPIONSHIPS
RUGBY 7s
LISBON 2023
EUSA
EUROPEAN UNIVERSITY SPORTS ASSOCIATION



BYDGOSZCZ 2023
EUSA



SPLIT 2023
European Universities
Futsal Championship
EUSA



OLOMOUC 2023
EUROPEAN UNIVERSITIES
TABLE TENNIS CHAMPIONSHIP
EUSA



AVEIRO 2023
EUROPEAN UNIVERSITIES
BASKETBALL CHAMPIONSHIP
EUSA



EUROPEAN UNIVERSITIES
COMBAT CHAMPIONSHIPS
ZAGREB 2023
EUSA



PODGORICA 2023
European Universities
Handball Championship
EUSA



**DOLOMITES
VAL DI ZOLDO 2023**
EUROPEAN UNIVERSITIES
WINTER CHAMPIONSHIPS
EUSA



MALAGA 2023
European Universities
Beach Championships
EUSA



ST.GALLEN 2023
European Universities
Orienteering Championship
EUSA



MISKOLC 2023
EUROPEAN UNIVERSITIES
BADMINTON AND WATERPOLO
CHAMPIONSHIP
EUSA

Welcome Messages



Dear Friends,

My warmest welcome to all participants of the European Universities Championships 2023. The European Universities Championships, as previous editions have proved, are a wonderful occasion to be together and experience the beauty of university sport. I am pleased that a great number of students and officials, sharing their love for sport, respecting Fair Play, competing in truly university sport spirit will meet in many cities across the Europe.

During such events we do more than just sport – we broaden our horizons, get to know other cultures, we promote a healthy society, we stand on the side of peace, respecting and celebrating diversity.

Being the Organizer of the Championship is challenging but at the end rewarding as well. I want to express my appreciation to the Organizing Committees, its Partners and the volunteers who give their crucial contribution to the success of the event. My gratitude extends to the National, Regional and Local Authorities for their auspices of this event.

I believe that the European Universities Championships will bring the participants unforgettable experiences and lots of personal achievements. I hope all of you will enjoy your time, and life-long friendships between European Students will be legacy of all the events.

With wishes of good luck, I welcome you on behalf of EUSA to the European Universities Championships 2023!

Adam Roczek, President of the European University Sports Association (EUSA)





Dear participants,

On behalf of FADU Portugal - University Sports Federation, I welcome all participants of the Lisbon 2023 European Universities Rugby 7s Championship, taking place in Portugal from 28th to 31st August.

This is the first EUC Rugby 7s edition that Portugal will host, in our capital city, although it received a 2010 FISU World University Championship Rugby 7s, hosted in the city of Porto. Although it was the first edition of Rugby 7s, Portugal has hosted more than 40 international university sport events, at European (EUSA) and World (FISU) level, a legacy that give us all a great expectation to this event.

Lisbon is a beautiful city, where the sun shines 290 days a year and the temperature rarely drops below 15 degrees. Is a safe city, with history, cultural entertainment, and the best place to listen Fado.

All entities involved, FADU Portugal, the University of Lisbon, the Nova University, the Polytechnic Institute of Lisbon, the Sports Association of Higher Education of Lisbon, and the Academic Federation of Lisbon will make every possible effort to provide all participants the most memorable experience.

Good luck to everyone and welcome to Portugal! Welcome to the Lisbon 2023 European Universities Rugby 7s Championship!

Ricardo Nora, president of FADU Portugal



Dear participants,

On behalf of EUSA, I extend a warm and enthusiastic welcome to all of you to the Lisbon 2023 European Universities Rugby 7s Championship. As the Technical Delegate, it is my honour to be part of this competition, showcasing the skill and spirit of university Rugby players from across Europe.

After 5 years of anticipation, the Rugby 7s Championship finally returns. It signifies the rekindling of fierce rivalries, the renewal of friendships, and the resurgence of a great tournament that has been sorely missed.

The Championship serves not only as a platform for you to compete for the title of the best university team in Europe, but also to show respect, sportsmanship, and fair play, the cornerstones of our shared experience in Rugby. Let us uphold these values both on and off the field, demonstrating the true essence of university Rugby!

May this Championship be a testament to the dedication, commitment, and passion each participant – teams, and match officials – bring to the field!

I wish you all excellent preparation and the best of luck in Lisbon!

Yours in Rugby,

Mária Gyolcsos, EUSA Technical Delegate

Host Country: Portugal

Portugal is a country on the Iberian Peninsula, located in south-western Europe. It is the western most country of mainland Europe and is bordered by the Atlantic Ocean to the west and south and by Spain to the north and east. The Atlantic archipelagos of the Azores and Madeira are also part of Portugal. The land within the borders of today's Portuguese Republic has been continuously settled since prehistoric times. It is a developed country, has a high Human Development Index and is among the world's 20 highest rated countries in terms of quality of life, although having the lowest GDP per capita of Western European countries.

It is a member of the European Union (since 1986) and the United Nations (since 1955); as well as a founding member of the Organization for Economic Co-operation and Development (OECD), North Atlantic Treaty Organization, Community of Portuguese Language Countries (CPLP), and the European Union's Eurozone. Portugal is also a Schengen state.

According to the Global Peace Index, Portugal is among the top ten most peaceful countries in the world.

Total area: 92,212 km²

Population: 10,352 million (2021 estimate)

Population Density: 112,2/km²

GDP total \$432.1 billion, per capita: \$42,067 (2022 estimate)

Human Development Index (HDI): 0.866 (38nd)

Capital: Lisbon

Currency: Euro €

Time zone: GMT



Host City: Lisbon

Lisbon is the capital and the largest city of Portugal. With over 20 centuries of History, this city located on the 7 hills has more than 500,000 inhabitants. Lisbon shows multiple contrasts between the historical and modern, combining different cultures, trends and lifestyles. Situated near the Tagus river and sunny almost all the time, the Portuguese capital has a unique beauty and an internationally acclaimed architectural singularity.

Rich in monuments, neighborhoods (Baixa Pombalina, Belém, Bairro Alto, Chiado, Bica, Alfama and Mouraria), riverside zone, fado houses, parks, gardens and viewpoints, Lisbon offers various possibilities to discover, so visit and enjoy the vast natural, historic and cultural city heritage.

Landmarks such as the Medieval Castle of St. George, Medieval Cathedral, Belem Tower, Jeronimos Monastery, National Pantheon, Palace Square and the Downtown are some of the tourist attractions of Lisbon that fascinate thousands of visitors from around the world.

The gastronomy of Lisbon is very influenced by its proximity to the sea. So typical specialties in Lisbon are fried cod, fried green beans, and grilled sardines on bread (mainly in the feast of the popular saints that occurs during the month of June). The famous Bife à Café is also considered a capital's "ex-libris" food. The most famous dessert in Lisbon is the traditional Pastel de Nata (custard tart), made in a former factory in Belém, better known as Pastel de Belém.



Organizing Committee

- European University Sports Association
- FADU Portugal - University Sports Federation

PARTNERS

- Sports Association of Higher Education of Lisbon
- Academic Federation of Lisbon
- University Nova of Lisbon

SUPPORT

- University of Lisbon
- Polytechnic Institute of Lisbon
- Portuguese Rugby Federation
- Lisbon City Hall



ESTADIO UNIVERSITARIO DE LISBOA

ESTADIO UNIVERSITARIO DE LISBOA
CONCEBIDO E PROJETADO POR
ALVARO SUTER
CONSTRUÍDO POR
SUTER & ASSOCIADOS
1961



ESTADIO UNIVERSITARIO DE LISBOA
CONCEBIDO E PROJETADO POR
ALVARO SUTER
CONSTRUÍDO POR
SUTER & ASSOCIADOS
1961



Competition Schedule

- **DAY 0: AUGUST 27th**

Arrival Day

Accreditation Day

- **DAY 1: AUGUST 28th**

Training (10:00 – 16:00)

General Technical Meeting (16:00)

Opening Ceremony (18:00)

Welcome Dinner (20:00)

- **DAY 2 - DAY 4: AUGUST 29th to AUGUST 31st**

Competition Day

Award & Closing Ceremony

- **DAY 5: SEPTEMBER 1st**

Departure

List of Participants

Male

- University of La Rochelle (France)
- University of Göttingen (Germany)
- University of Parma (Italy)
- Jozef Pilsudski University of Physical Education in Warsaw (Poland)
- Camilo Jose Cela University (Spain)
- San Jorge University (Spain)
- University of Seville (Spain)

Female

- Polytechnic Institute of Coimbra (Portugal)
- University of Rennes 2 (France)
- Josef Pilsudski Academy of Physical Education in Warsaw (Poland)
- University of Seville (Spain)



Sports Venues

The **Lisbon University Stadium** (portuguese: Estádio Universitário de Lisboa) is a unit within the University of Lisbon, and a multivenue park located in Alvalade, Lisbon, comprising several sports facilities, and mostly known for its main venue and namesake, the Estádio de Honra, a multi-use stadium. It also includes several indoors arenas, tennis and padel courts, football fields, a golf course, a swimming pool complex and a medical centre.

Adress: Professor Egas Moniz Avenue, 1600-190 Lisbon

Latitude: 38° 45' 7.11" N

Longitude: -9° 09' 42.65" W

Fields of Play

- [Field 2](#) (Competition) – Artificial Grass
- [Field 5](#) (Training) – Artificial Grass (if necessary)



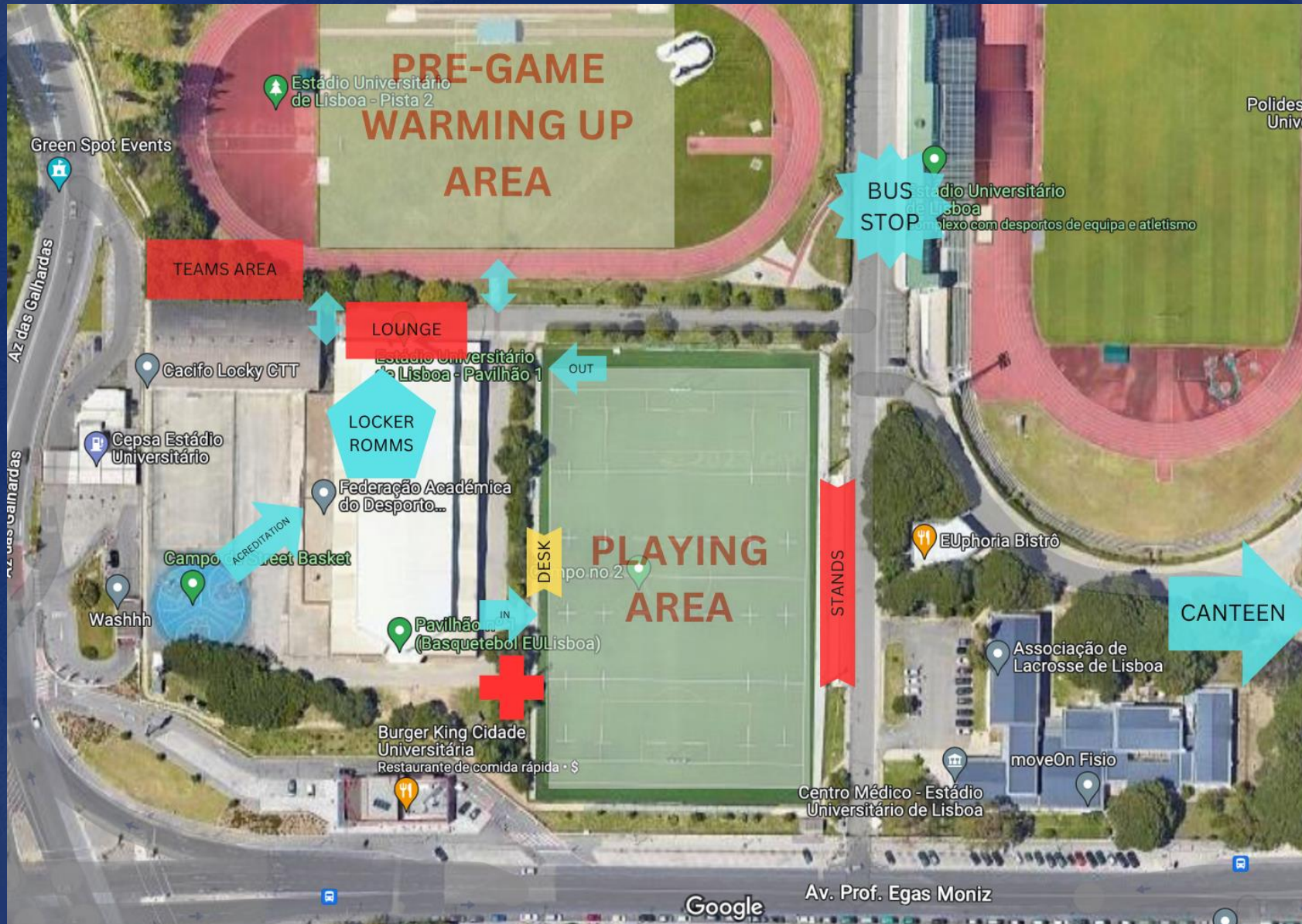
Sports Venues



Water

- Participants received bottles in the welcome bag
- Water point near to the field of play
- Containers with water next to the team benches (The water will be changed every game and, if necessary, ice will be added.)

University Stadium of Lisbon



Accommodation

All participants will be accommodated in student's residences:

FEMALE TEAMS

- [University Residence Ajuda Campus](#)
(Joaquim Fiadeiro street 1300-665, Lisbon)
✓ Distance: 8.5 Km (13 to 16 minutes by Car)

MALE TEAMS

- [Maria Beatriz Residence](#)
(Conselheiro Emídio Navarro street nº1, Lisbon)
✓ Distance: 8.5 Km (14 to 16 minutes by Car)





Catering

All participants will have their meals in duly designated places:

- **BREAKFAST** (7h-9h)

Next to the Student's Residences

Female Teams - [Lisbon School of Architecture](#)

Male Teams – ISEL's Canteen

- **LUNCH** (12h15-14h30) & **DINNER** (18h15-20h15)

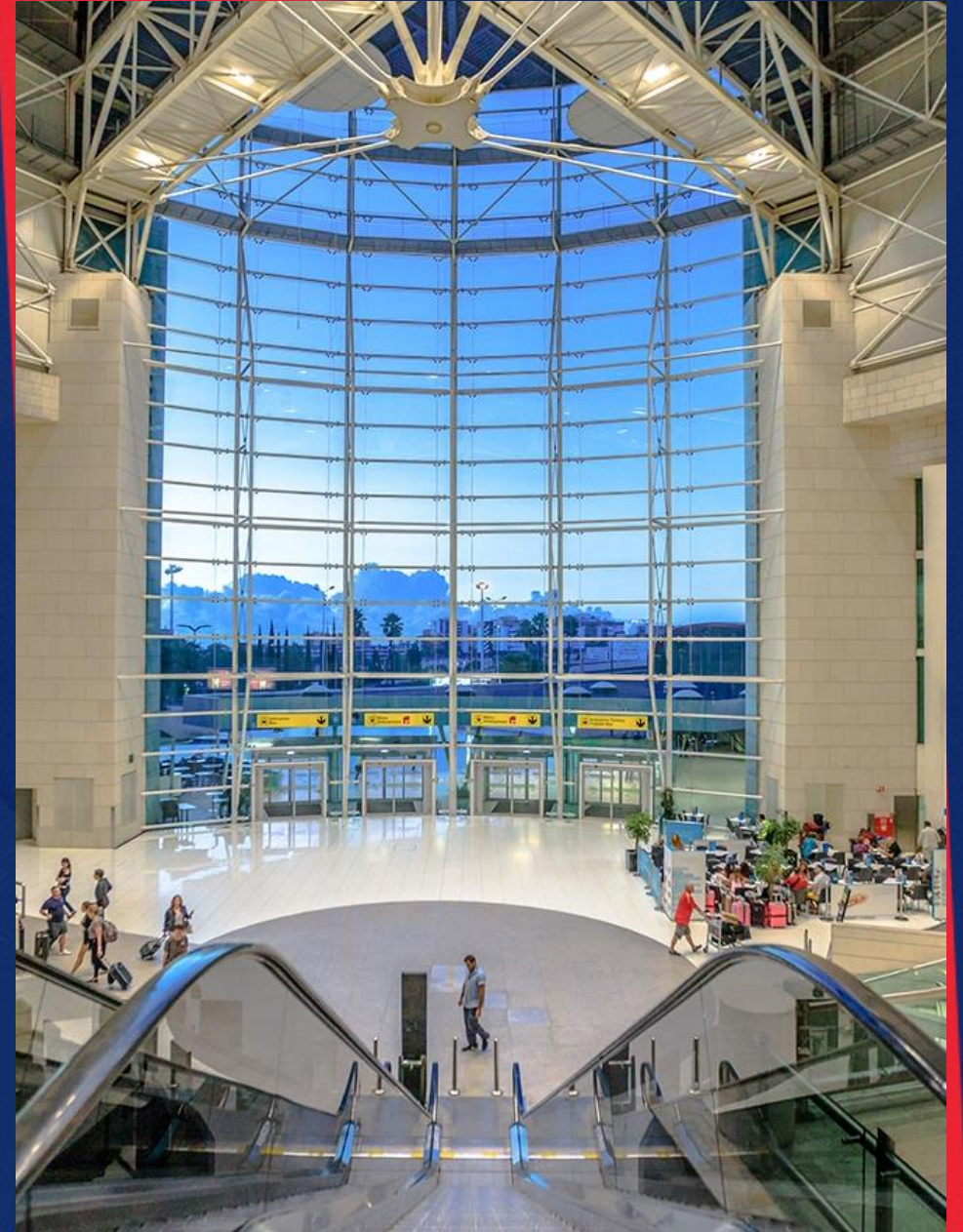
University of Lisbon Canteen

Menus available on the website

3 dishes available per meal

Transportation

- **Official Airport:** Humberto Delgado airport - adequate transportation will be provide according to EUSA regulations to the different client groups
- Shuttle bus will work between accommodation and competition venue.
- Schedule available on the website



Medical Services

- On site ambulance
- Doctor present during the competition
- Physiotherapist will be available for the teams
- The Santa Maria Hospital, the biggest hospital in the country, is just a few meters from the sports facilities



Technical Information

INTERNATIONAL REGULATIONS

The organization of the EUC Rugby 7s shall be based on the most recent Regulations of the World Rugby and Rugby Europe.

COMPETITIONS

Team Tournaments:

- 1 (one) men's tournament, maximum of 12 (twelve) teams.
- 1 (one) women's tournament, maximum of 12 (twelve) team.

PROGRAM

The competitions consist of 3 (three) days. The General Technical Meeting, where the presence of each head of the delegation is obligatory, will be held 1 (one) day prior to the start of the competition.

DELEGATION

The delegation will consist of minimum 10 (ten) and maximum 13 (thirteen) athletes and minimum of 1 (one) and maximum of 3 (three) officials. The head of the delegation and coach must be appointed. For each game, each team can choose 12 athletes.

MATCH OFFICIALS

Match Officials will be appointed by Rugby Europe in cooperation with EUSA and Organizing Committee. Each delegation has to pay a refereeing fee in the amount of 300 EUR (three hundred euros) on the OC account.

PLAYING SCHEME

The format of the tournament will be decided by Competition Technical Commission taking into consideration the number of teams entered and climate conditions.

DRAW, SEEDING

The draw will be done in the presence of EUSA Representative taking into account EUSA Rugby 7s ranking. The university team of the hosting city or, in their absence, the hosting country's highest ranked team will be placed on first (1) place in pool A. Teams from the same country shall, whenever possible, be placed in different pools.

FINANCIAL OBLIGATIONS

In order to participate, all financial obligations towards EUSA and Organizing Committee need to be settled by the specified dates, as per EUSA Rules and Regulations.

UNIFORMS

Uniforms should meet World Rugby Regulation 12. Each team should bring 2 (two) sets of jerseys in different colors. A player wears a jersey, shorts and underwear, socks and boots and may wear shin guards, mitts (fingerless gloves), shoulder pads, a mouth guard or dental protector, a headgear and bandages and/or tapes to cover or protect any injury. The studs of players' boots must conform to the World Rugby regulations and a player must not wear a single stud at the toe of the boot. Detailed information relating to the permitted specifications for clothing and studs may be found in World Rugby specifications (Section 1-4, Regulation 12). During the entire duration of the EUC competition each player must wear the same number.

AWARDS

	ACHIEVEMENT	COMPETITION CATEGORY	TITLE FOR WINNER
Cups	1 st , 2 nd , 3 rd	Team	European Universities Champion
Medals	1 st , 2 nd , 3 rd	Team (athletes, officials)	European Universities Champion
Other Awards	Fair Play	Team	Winner
	Wooden Spoon	Team	Last place
	Most Valuable Player	Athlete	Most Valuable Player





EUROPEAN UNIVERSITY SPORTS ASSOCIATION

Information/Media



Website -

<https://rugby7s2023.eusa.eu>



Instagram - [@euserugby7s](#)



Facebook - [@euserugby7s](#)



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Emergency

National emergency number: 112

24h Medical:

Francisca Ferreira (+351 934 111 768)

Lisbon Police: +351 217 225 200



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